

RISK ASSESSMENT - SWIM STAGE (POOL)

Pool Swim Stage Risk Assessment		TAKING PLACE IN A COVERED HEATED POOL LIFEGUARDS PRESENT		
Event: HIGHWORTH TRI	Date: 21/9/08	Start Time: 0800		
Maximum number of Entries:	150	Special needs Entries:		
SAFETY REQUIREMENTS		ACTION TO BE CHECKED BY WHOM?		
Emergency procedures		STANDARD POOL PROCEDURES		
Transfer to notified hospital		SPORTS FACILITY LIFE GUARDS		
Doctor Present		ON DUTY		
POOL RISK ASSESSMENT CHECKED FOR COMPLIANCE				
Adequate lifeguard cover is planned				✓
The competitors are made aware that no diving is permitted				✓
Lanes are swimming clockwise/anticlockwise alternately				✓
Consider the number of cyclists on the road together at the start of the cycle section to determine the size of the waves				
Hazard Description	Risk Level	Persons	Action to be Implemented	By
	H/M/L	at risk	to reduce risk to low	Whom
		A - H		
150 COMPETITORS	H	A/C	SENT OFF IN WAVES	
SLIPS/TRIPS/FALLS	H	A	ON EXIT MARSHALL TO INSIST ON WALKING	
DROWNING	H	A C	LIFEGUARDS IN PLACE	
			STANDARD POOL PROCEDURES	
			WILL BE IN PLACE	
Ensure that the exit from the pool to transition does not become too slippery during event				
RUNNING IN POOL AREA FORBIDDEN				
Additional Risks Identified	Risk Level	Persons	Action to be Implemented	By
List	H/M/L	at risk	to reduce risk to low	Whom
		A - H		

### RISK ASSESSMENT - CYCLE STAGE

Due to the interaction/mixing of traffic and sporting events on the highway, there is a possibility that accidents may occur due to the driver/rider or participant error, and such incidents may result in serious personal injury. **SAFETY BRIEFING PRE SWIM**

Course identification:		A		B	C	D	
Whole event codes (1-8):		Risk rating level		Persons at risk from hazard	Measures to reduce risk	Additional measures to reduce risk to LOW, with name of person or official function who will reduce the risk to low (if applicable)	
ID No.	Miles/kms from start and/or location	Symbol	Desc.	H/M/L	A to H	9 to 30 (only)	
1	0.1 MILES ON THE FELLS	← (30)	LEFT TURN FROM PARK	M	ALBDEH*	11 24 10 3	2x MARSHALS ADVISE PARKED CARS
2	100 YARDS ELECTION	← (30)	LEFT TURN	M	ABE H*	10 11 23	1-2 MARSHALS
3	150 YARDS (CIRCULAR)	(30)	DISJOINT TO CROSS	H	AE H*	11 23 3	2x MARSHALS EACH SIDE OF ROAD
4	1/4 FLECK BEMS	→ (30)	RIGHT TURN BUSY ROAD	H	AE C	17 23 10 11 3	3x MARSHALS POLICE AWARE
5	2.1 HANNINGTON	↑ (30)	PARKED CARS SHARPS BEND	M	AE H*	3 28	
6	2.4 HANNINGTON CROSS	→ (30)	R. TURN BEND	H	AE H*	11 10 3	MARSHAL EXTRA SIGNAGE
7	NEL HILL HANNINGTON	↑ (30)	STEEP HILL DOWN ROAD	H	AE H*	11 10 3	STEEP DESCENT LOW VISIBILITY AT BOTTOM
8	3.9 MILES HANNINGTON WIDGE	↑ (30)	2 SHARP BENDS BRIDGE	M	AE H*	11 10 3	2x MARSHALS AT FIRST BEND AFTER BRIDGE
9	5.2 MILES KEMPSFORD	↑ (30)	TWO SHARP BENDS	M	AE H*	11 10	1 MARSHAL EXTRA SIGNAGE
10	5.4 MILES KEMPSFORD	↑ (30)	PARKED CARS	M	AE H*		PEP TALK & WEBSITE MAP
11	5.9 MILES KEMPSFORD	← (30)	HIGHEST HILL CLIMB	M	AE H*	11 10	1x MARSHAL EXTRA SIGNAGE
12	7 MILES CASTLE EATON	← (30)	LEFT TURN TO CASTLE EATON	M	AECH*	11 10	1x MARSHAL SWEEP ENTRY - GRAVEL
13	7.5 MILES CASTLE EATON	→ (30)	RETURN TO CASTLE EATON	M	AECH*	11 10	1x MARSHAL EXTRA SIGNAGE
14	7.8 MILES CASTLE EATON	→ (30)	RETURN TO CASTLE EATON	H	AE H*	11 10	PARKED CARS EXTRA SIGNAGE 1 MARSHAL
15	8 MILES CASTLE EATON	← (30)	LEFT TURN	M	AE H*	11 10	
16	12.3 MILES FLECK BEMS	← (30)	LEFT TURN	M	AE H*	11 10	MARSHALS (2-3) SIGNAGE
17	13.0 MILES FOREPATH	↑ (30)	PATHWAY TO TRANSITION	H	AE H*	11 10	2 MARSHALS EITHER SIDE (CIRCULAR)
18			AFTER CROSSING (CIRCULAR ROAD)				1x MARSHAL AT FAR END OF PATH
19							SPEED LIMIT CONE + EXTRA SIGNAGE
20							CYCLISTS DISMOUNT
21							

(30)

- CODE NO 28 - FOR ALL COMPETITERS - RISK ASSESSMENT ROUTE MAP ON WEB SITE
- 17 - ALL MARSHALS MOBILE PHONE CONTACT 27
- 6 - ALL MARSHAL TO WEAR HI VIS TABARDS/JACKETS
- 2 - SAFETY BRIEFING TO ALL COMPETITORS

RISK ASSESSMENT NOTIFICATION - Triathlon/Duathlon/Aquathlon	
To: <u>WILTSHIRE</u> Constabulary	.....Police/Safety Advisory Group

Type of event:	Race Distances	
<input type="checkbox"/> Aquathlon (swim,run)	.....Km/M Row stage	
<input type="checkbox"/> Duathlon (run,bike,run / run,bike)	<u>100 METRE</u> .....Km/M Swim Stage	
<input type="checkbox"/> Rowathlon (row,bike,run)	<u>20 KM</u> ..... Km/M Cycle Stage	
<input checked="" type="checkbox"/> Triathlon (swim,bike,run)	<u>5 KM</u> .....Km/M Run Stage(s)	
Name of event:	<u>HIGHWORTH TRIA-TRI</u>	
Promoting Club:	<u>HIGHWORTH RUNNING CLUB</u>	
Local Authority:	<u>SWINDON BOROUGH COUNCIL</u>	
Date of event:	<u>21ST SEPTEMBER 2008</u>	
Time of start:	<u>0800</u>	Estimated time of finish: <u>1130</u>
Organiser/Promoter:	Forename: <u>WENDY</u>	Surname: <u>SMITH</u>
Address:	<u>36 THE WILLOWS</u>	
Address:	<u>HIGHWORTH, WILTSHIRE</u>	
Address:		
Postcode:	<u>SN6 7PG</u>	E-mail:
Telephone:	H -	W -
Safety Officer:	Forename: <u>JEREMY</u>	Surname: <u>HIGGINS</u>
Address:	<u>7 KNOWLANDS HAREFIELD</u>	
Address:	<u>HIGHWORTH WILTS</u>	
Address:		
Postcode:	<u>SN6 7NB</u>	E-mail: <u>jeremy.higgins@lycos.co.uk</u>
Telephone:	H-01753 766559	W-01753 494216
Name of Route <input type="checkbox"/> Circuit <input type="checkbox"/> Venue <input checked="" type="checkbox"/>	<u>HIGHWORTH TRIA-TRI</u>	
Estimated number of participants:	<u>150</u>	
Start Area location:	<u>HIGHWORTH REC</u>	Finish Area location: <u>HIGHWORTH REC COURSE</u>
Senior Official on the day:		
Person(s) conducting Risk Assessment:	<u>JEREMY HIGGINS / STEVE DUTTON</u>	
Date of original Risk Assessment:	<u>15.06.08</u>	Date of last review:
<b>The Medical provision will be trained to the required standard. All event marshals will be trained and briefed</b>		
Signed - Event Organiser/Promoter		Date: <u>15.06.08</u>

Course identification:		HIGHWATER TRAILHEAD					
Whole event codes (1-8):				Risk rating level H/M/L	Persons at risk from hazard A to H	Measures to reduce risk 9 to 30 (only)	Additional measures to reduce risk to LOW, with name of person or official function who will reduce the risk to low (if applicable)
ID No.	Miles/kms from start and/or location	Symbol	Desc.				
1	0.5 km		PRIVATE DRIVE	M	A, B, D E, F, G	11, 10 24	
2	ALL		GRASS COURSE	M	A	3	SLIPPERY WHEN WET
3							ST JOHN AMBULANCE
4							MARSHALS ALL
5							AROUND 5 KM
6							GOLF COURSE
7							ROUTE.
8							EXTRA SIGNAGE
9							TO BE IN PLACE
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
20							
21							

Risk Assessment – Transition

Course identification:			A	B	C	D
Highworth Triathlon						
Whole event codes (1-8):			Risk rating level H/M/L	Persons at risk from hazard A to H	Measures to reduce risk 9 to 30 (only)	Additional measures to reduce risk to LOW, with name of person or official function who will reduce the risk to low (if applicable)
ID No.	Transition	Detail of hazard				
1	Swim exit			A, B		ONEWAY SYSTEM IN AND OUT
2	Transition in					OF TRANSITION ON BOTH OCCASIONS
3	Bike racking					BARRIERS AND MARSHALS WILL BE IN PLACE TO ENSURE COMPLIANCE
4	Bike out					ST JOHN AMBULANCE
5	Bike in					NO SPECTATORS IN TRANSITION
6	Finish					
7						
8						

To be used in case of any additional risk that is identified before event.

Course identification:			A	B	C	D
Highworth Triathlon						
Whole event codes (1-8):			Risk rating level H/M/L	Persons at risk from hazard A to H	Measures to reduce risk 9 to 30 (only)	Additional measures to reduce risk to LOW, with name of person or official function who will reduce the risk to low (if applicable)
ID No.	Transition	Detail of hazard				
1	Bikes checked for roadworthiness		H			DIKE CHECKS
2	helmets compliant		H			PRIOR TO RACE
3						SECURE STRAPS
4						ON HELMET
5						
6						